# **SEMINOLE COUNTY TRIAD**

**Invites You to Our Eighth Annual** 

Free Education and Prevention Symposium for

# **World Elder Abuse Awareness Day**

**WHEN:** Friday – June 14, 2013

**WHERE:** Hospice of the Comforter

480 W. Central Parkway

Altamonte Springs, FL 32714

**CLICK HERE FOR MAP** 



9:15 a.m. Introduction/Welcome

#### **SESSION ONE:**

- 9:30 a.m. David Smuckler MD Is It Really Alzheimer's?
- 11:00 a.m. Break **SESSION TWO:**
- ◆ 11:30 a.m. Lori A. Daiello, PharmD, ScM, BCPP What You Need to Know About Medications and Memory Loss
- 1:00 p.m. Conclusion

**REGISTRATION IS REQUIRED** — Seating is limited.

CEUs available for \$5 cash at the door.

Registration and Details: www.SeminoleCountyTriad.org



Innovative Hospice Care®

# Click Here to register online



















# **SESSION ONE:** 9:30 A.M. Is It Really Alzheimer's?

#### **SPEAKER & BIO**

Dr. David Smuckler MD, Geriatrician

Dr. David Smuckler received his medical degree from Georgetown University School of Medicine in Washington, D.C. Following his internship and residency in Internal Medicine at Jewish Hospital in St. Louis, he practiced in the St. Louis area. Dr. Smuckler has spent most of the past twenty-five years in Orlando in private practice and now at Orlando Health. He is board certified in Internal Medicine and Geriatrics. He is a member of the Internal Medicine Faculty in the Department of Medical Education and is a member of the Clinical Faculty of the FSU College of Medicine. He is the Co-Medical Director of Healthchoice health plan. Dr. Smuckler is the Medical Director of the Orlando Health Center for Aging and Memory Disorder Clinic, one of fifteen state designated memory disorder clinics.

#### **PRESENTATION**

When memory loss or other cognitive changes occur, many people wonder if these changes are due to Alzheimer's Disease. This workshop will address the diagnosis of Alzheimer's Disease and other dementias as well as medical conditions which may cause similar symptoms. Current treatment strategies will be reviewed.

# SPEAKER CONTACT INFORMATION 321-841-9700

# **CEUs Available**

3.0 Continuing Education Units/Contact Hours are available for this event for an administrative cost of \$5.00, cash only, the day of the event.

Florida Certification Board Provider #A-066 Florida Board of Social Work, Marriage and Family Therapy and Mental Health Counseling Provider BAP #50-1963 Exp. Date 03/31/2015 Florida Board of Nursing Provider #50-1963, Exp. Date 10/31/2013

CEUs will be provided by the Center for Drug-Free Living.

For more information: 407-665-6976 or www.SeminoleCountyTriad.org

#### SESSION TWO: 11:30 A.M.

# What You Need to Know About Medications and Memory Loss

#### **SPEAKER & BIO**

Lori A. Daiello, PharmD, ScM, BCPP, Geriatric Psychopharmacologist

Lori Daiello is an Assistant Professor of Neurology (Research) and Health Services, Policy and Practice (Research) at Brown University. Currently, she divides her time between Rhode Island and Florida. She is the president of Pharmacotherapy Solutions (Orlando, FL), a consultation practice that provides psychopharmacology consultations for older adults, and a Research Scientist at the Rhode Island Hospital Alzheimer's Disease and Memory Disorders Center where she conducts research in the areas of psychopharmacology, pharmacoepidemiology, and geriatric cognitive disorders. Her research includes federally-funded studies that aim to enhance understanding of how the use or discontinuation of medications impacts cognitive, functional, and psychiatric aspects in normal aging and dementia, and the effects of anesthesia on cognitive decline in older adults.

Dr. Daiello received her training at the Ohio State University College of Pharmacy, and Brown University, where she completed a post-doctoral Dementia Research Fellowship, and a Masters of Epidemiology. She has presented nationally on a wide variety of topics related to the pharmacotherapy of geriatric neurologic and psychiatric illnesses. Throughout her career, Dr. Daiello has been recognized with awards for achievements in pharmacy practice, teaching, research, and community service.

#### **PRESENTATION**

Everybody forgets things from time to time. Certain medicines can cause or contribute to memory problems and confusion in older people. Those who take multiple medications are at increased risk of interactions and side effects, including problems with memory and thinking.

## **Learning Objectives**

At the conclusion of this session, participants will be able to:

- 1. Identify the classes of prescription medications most commonly associated with cognitive side effects.
- 2. Recognize the effects of non-prescription medications and supplements on brain functioning.
- 3. Understand general principles of drug interactions.
- 4. Construct a detailed medication profile for use when communicating with physicians and other health care providers.

#### SPEAKER CONTACT INFORMATION

Idaiello@cox.net

For more information: 407-665-6976 or www.SeminoleCountyTriad.org

## What Is Elder Abuse?

In general, elder abuse refers to intentional or neglectful acts by a caregiver or "trusted" individual that lead to, or may lead to, harm of a vulnerable adult. In Florida, younger adults with disabilities may qualify for the same services and protections. Physical abuse, neglect, emotional or psychological abuse, financial abuse and exploitation, sexual abuse, and abandonment are considered forms of elder abuse. In Florida, self-neglect is also considered mistreatment.

# **Red Flags of Abuse**

## Neglect

- Lack of basic hygiene, adequate food, or clean and appropriate clothing
- Lack of medical aids (glasses, walker, teeth, hearing aid, medications)
- Person with dementia left unsupervised
- Person confined to bed left without care
- Home cluttered, filthy, in disrepair, or having fire and safety hazards
- Home without adequate facilities (stove, refrigerator, heat, cooling, working plumbing, and electricity)
- Untreated pressure "bed" sores (pressure ulcers)

#### **Financial Abuse/Exploitation**

- · Lack of amenities victim could afford
- Vulnerable elder "voluntarily" giving uncharacteristically excessive financial reimbursement/gifts for needed care and companionship
- Caregiver has control of elder's money but is failing to provide for elder's needs
- Vulnerable elder has signed property transfers (power of attorney, new will, etc.)
   but is unable to comprehend the transaction or what it means

## Psychological/Emotional Abuse

- Unexplained or uncharacteristic changes in behavior, such as withdrawal from normal activities, unexplained changes in alertness
- Caregiver isolates elder (doesn't let anyone into the home or speak to the elder)
- Caregiver is verbally aggressive or demeaning, controlling, overly concerned about spending money, or uncaring

## Physical/Sexual Abuse

- Inadequately explained fractures, bruises, welts, cuts, sores, or burns
- Unexplained sexually transmitted diseases

Source: www.ncea.aoa.gov and www.INPEA.net

To Report Suspected Abuse: Call 1-800-962-2873

You may remain anonymous.

We are in Building 4. Use the main entrance on the lower level facing W. Central Parkway. Hospice of the Comforter • 480 W. Central Parkway • Altamonte Springs, FL 32714

